

30 DAYS OF gratitude

DAY 01 Where did you see God in your life today?	DAY 02 What are you learning about yourself in this season?	DAY 03 What is one thing you love about yourself?	DAY 04 What talents or gifts are you grateful you have?	DAY 05 Write about a lesson you are grateful you learned.
DAY 06 Write about a prayer you have seen God answer lately.	DAY 07 List 3 people who have had a positive impact on your life.	DAY 08 What is one thing in your home that brings you joy?	DAY 09 Recall a time someone encouraged you when you needed it.	DAY 10 What about your body are you grateful for?
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DAY 11 Write about a family member you are grateful for.	DAY 12 List three ways you notice the beauty of God around you today.	DAY 13 What made you laugh today?	DAY 14 List three people you are grateful to have in your life and why?	DAY 15 What are you grateful for in this season?
DAY 16 Write about a happy memory.	DAY 17 Name something you like about yourself. Why?	DAY 18 What do you enjoy most about your job?	DAY 19 What praise & worship song are you grateful for?	DAY 20 What are you grateful for from your childhood?
DAY 21 Name something that brought you joy today.	DAY 22 Choose a picture on your phone. Why are you grateful for this moment?	DAY 23 Write about a life experience that has had a positive impact on your life.	DAY 24 What made you smile today?	DAY 25 Share a quote or scripture that inspires you.
DAY 26 Write about a tradition you love.	DAY 27 What was the best part of your day?	DAY 28 What experience were you most grateful for this month?	DAY 29 Write three ways you can show kindness to others this week.	DAY 30 What experience were you most grateful for this month?